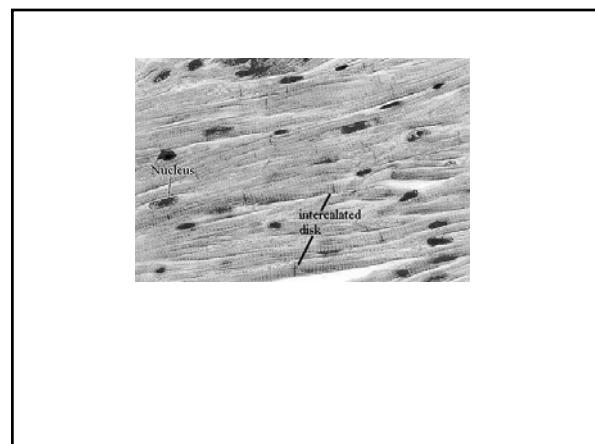
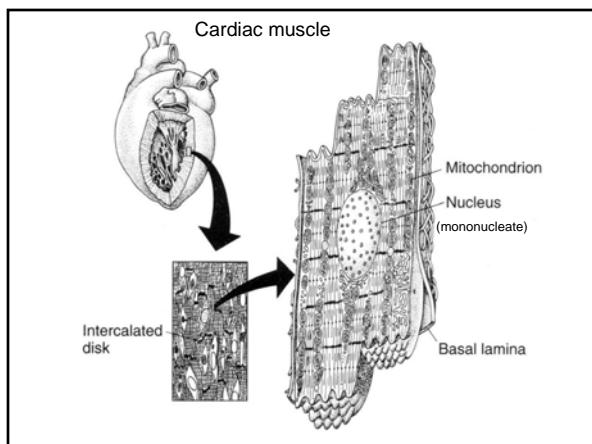
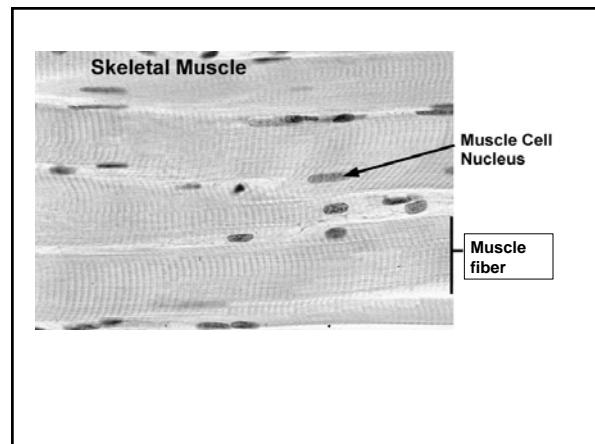
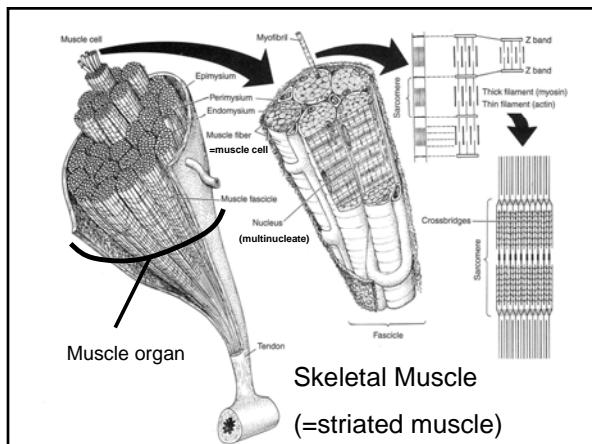
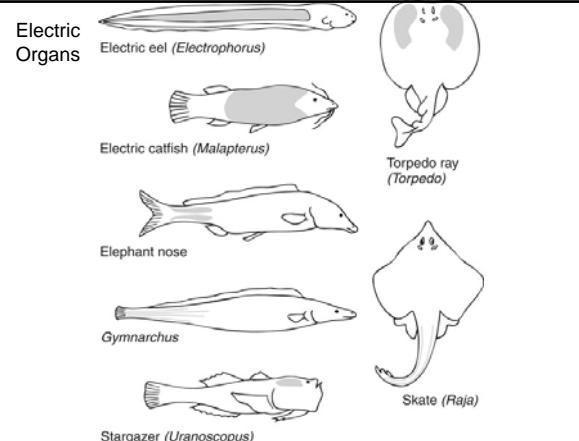
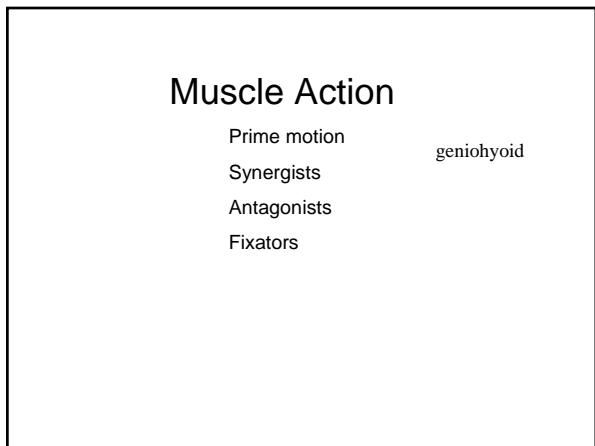
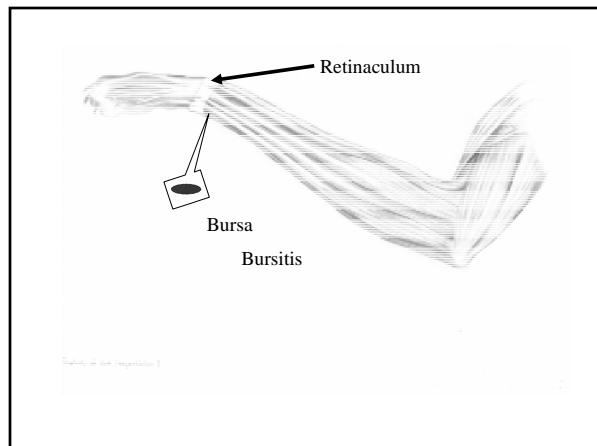
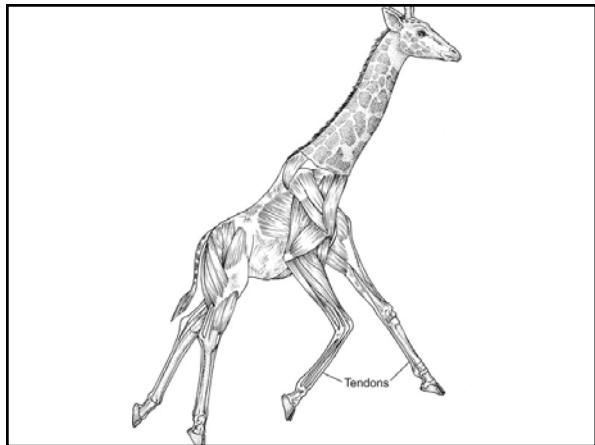
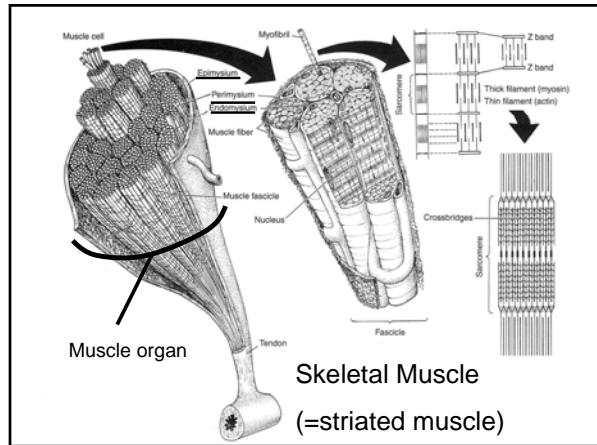
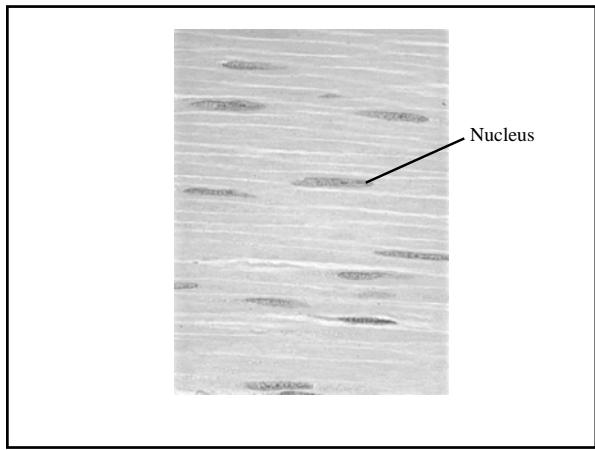
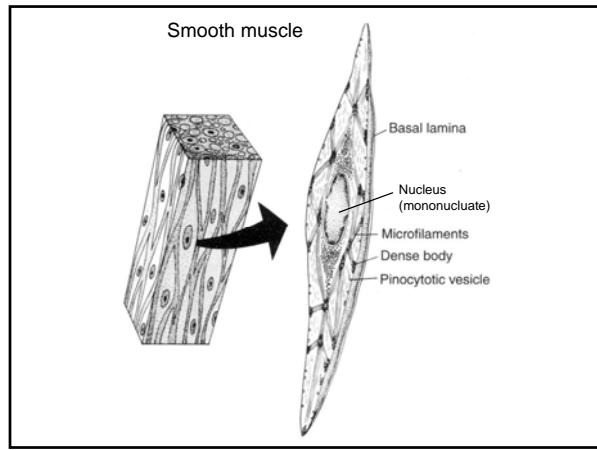
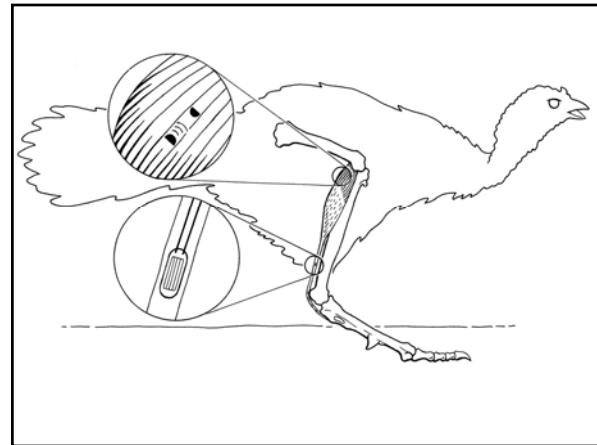
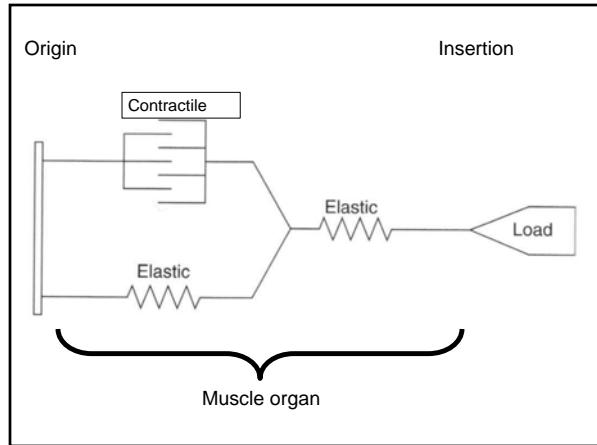
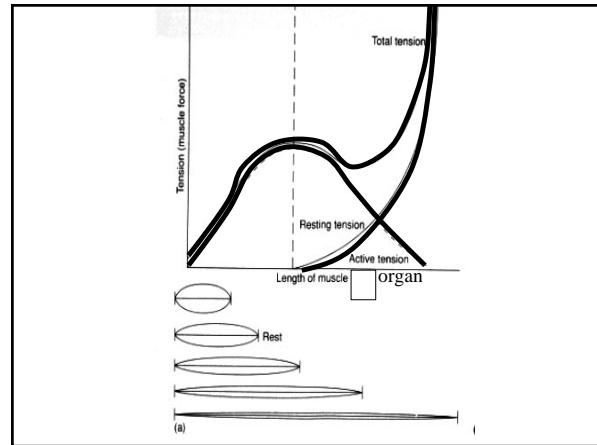
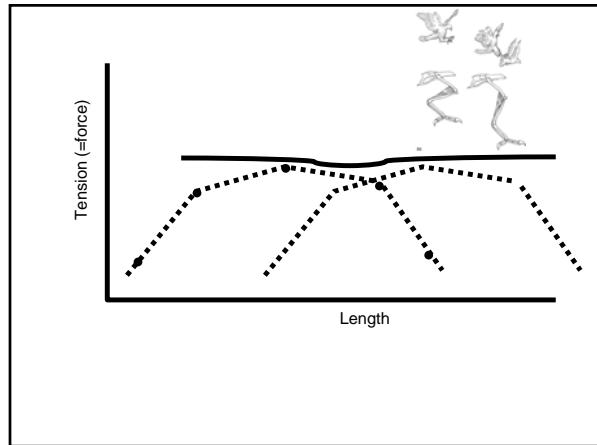
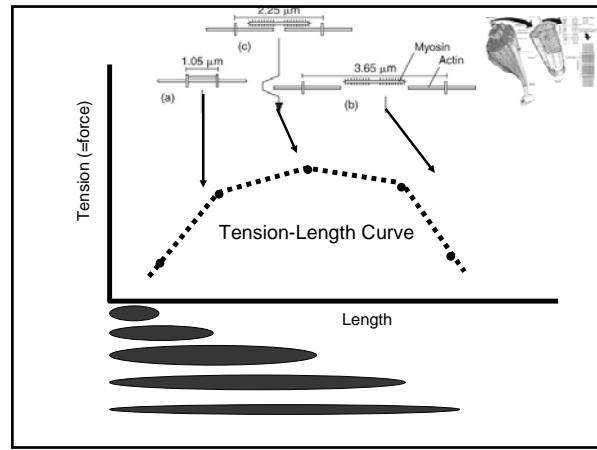
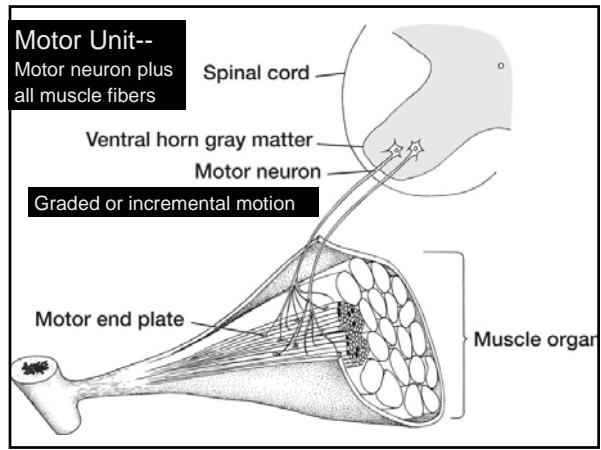


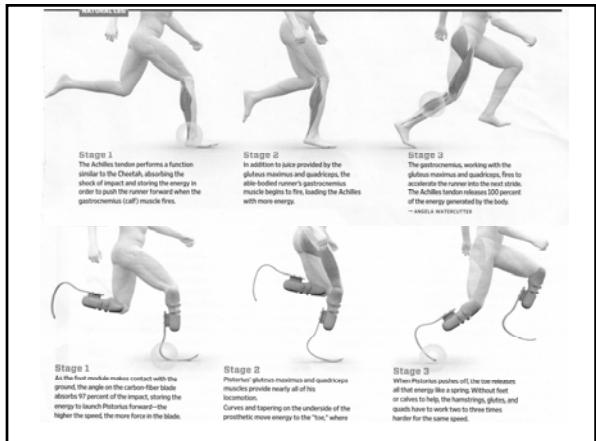
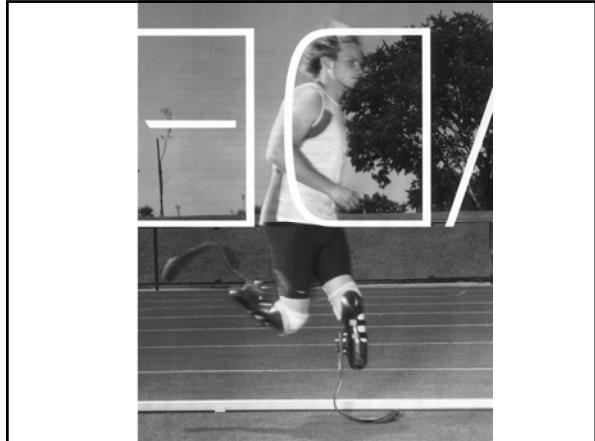
# Muscles

- Supply power (with skeletal system)
- Restraine
- Heat
- Viscera
- Specialized



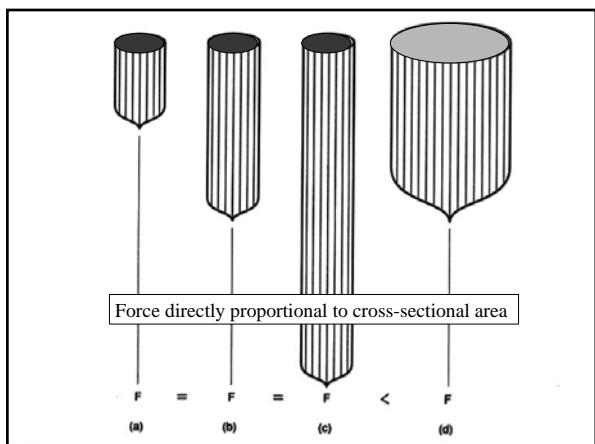


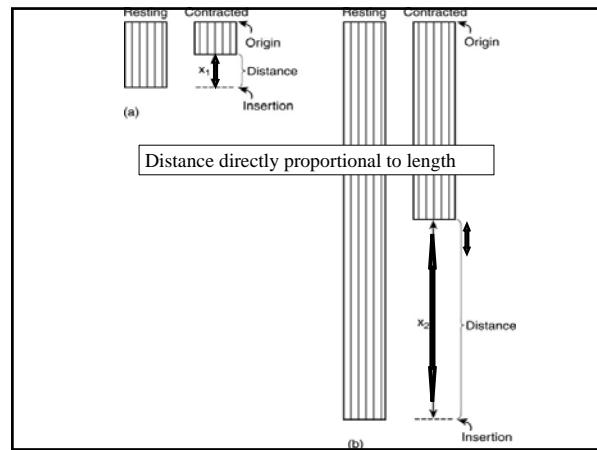
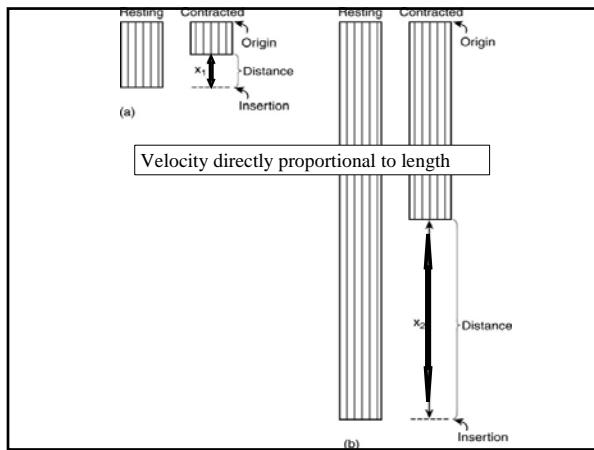




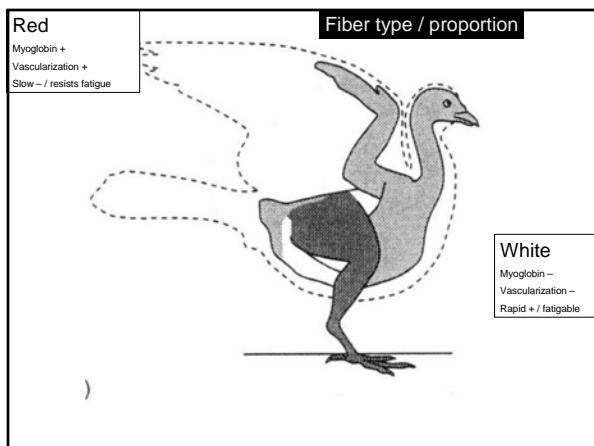
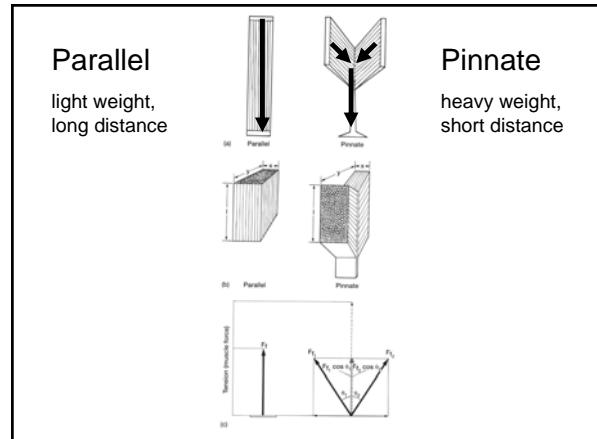
- Motor units  
recruitment
- T-L curve  
two or more

## Functional Properties of Muscle as a Tissue





# Functional Properties of Muscle Varies with Fiber Orientation



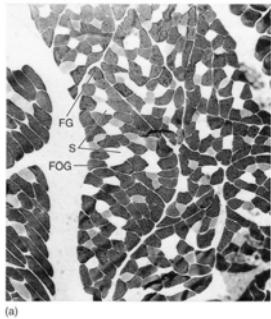
## Fiber Types

- 1) Tonic--Slow contracting  
Low force  
Sustained contraction

- 2) Twitch--Fast contracting

**Fiber Types:**

Speed—	<i>slow twitch</i>	<i>fast twitch</i>
Fatigue—	<i>resistant</i>	<i>fatigable</i>



Fast twitch—dark  
Slow twitch—light

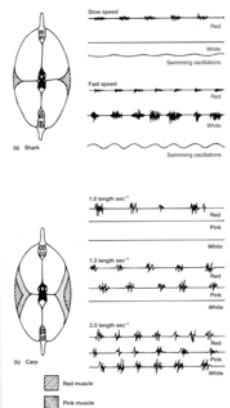
## Fiber Types

1) Tonic--Slow contracting  
Low force  
Sustained contraction

2) Twitch--Fast contracting

*Fiber Types:*  
Speed— **slow twitch**      **fast twitch**  
Fatigue— **resistant**      **fatigable**

3) Recruitment



## Recruitment

## Fiber Types

1) Tonic--Slow contracting  
Low force  
Sustained contraction

2) Twitch—Fast contracting

*Fiber Types:*  
Speed— **slow twitch**      **fast twitch**  
Fatigue— **resistant**      **fatigable**

3) Recruitment

4) Training

Capillaries  
Increase size  
NO change fiber types

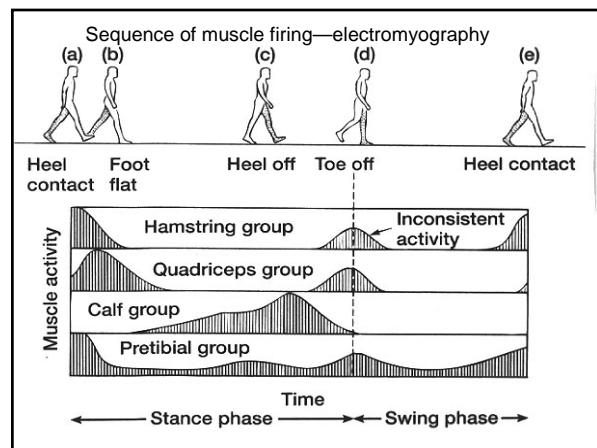
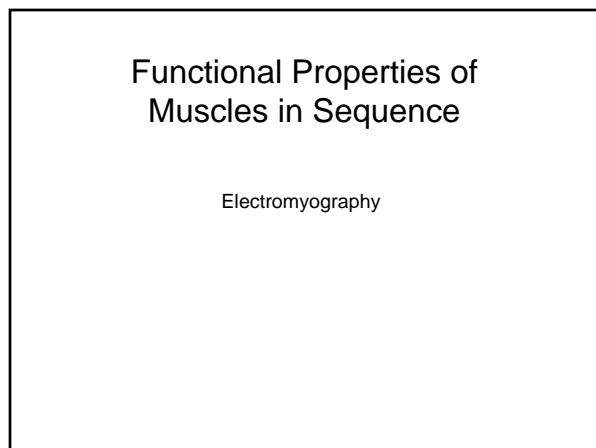
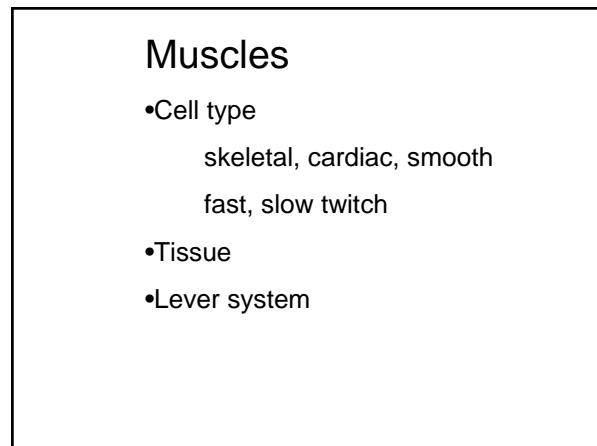
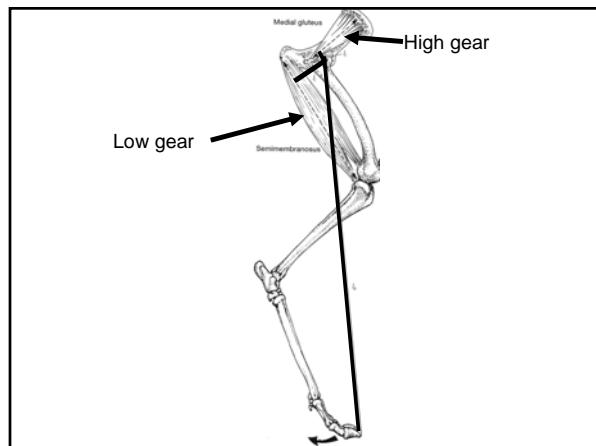
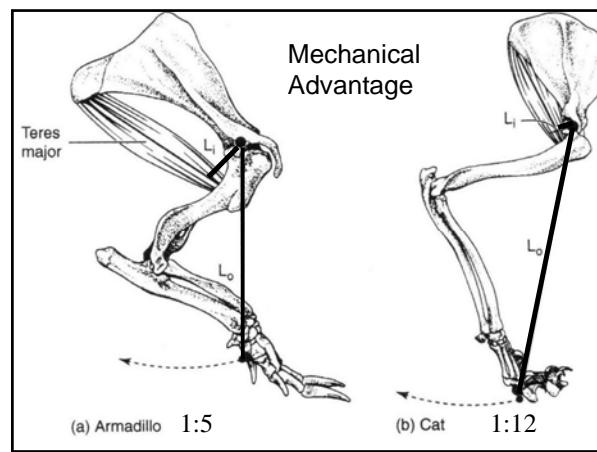
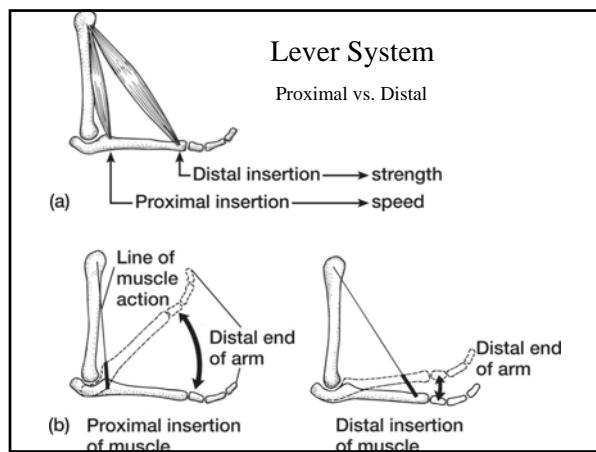
## Training

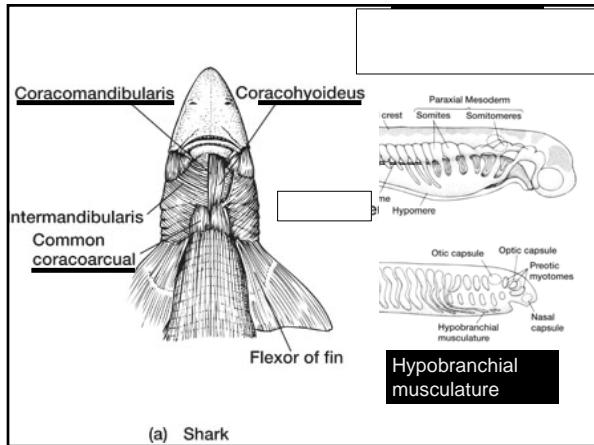
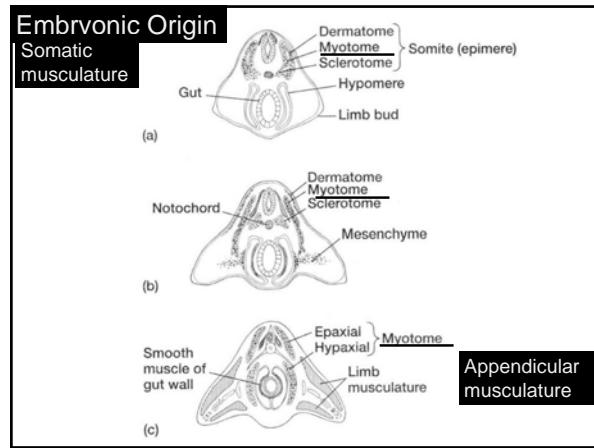
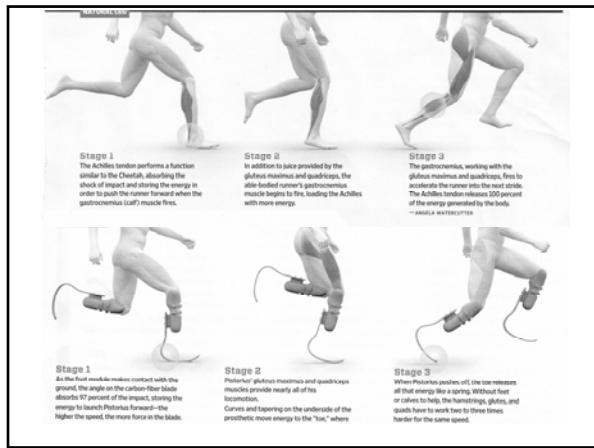
Chronic overload → muscle hypertrophy  
Strength training → increase muscle mass  
Immobilization → atrophy  
increased strength

Endurance training → increase efficiency O<sub>2</sub>  
fatigue resistance

Each at expense of the other

## Functional Properties of Muscle as Part of a Lever System





### Body

**Somatic**  
**myotomes (somites)**  
**spinal nerves**

**Appendicular**  
**trunk myotomes**  
**spinal nerves**

### Head

**Hypobranchial—throat**  
**trunk myotomes**  
**spinal nerves**

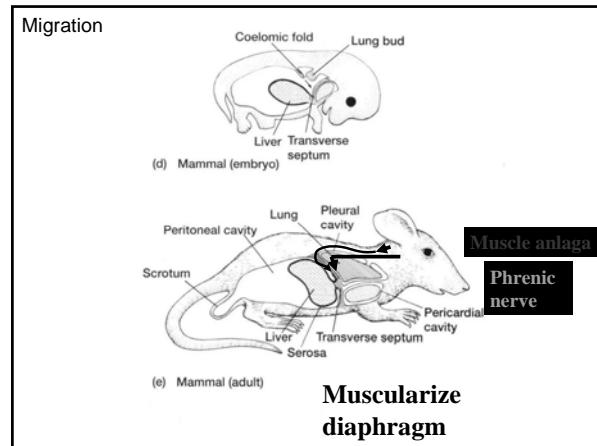
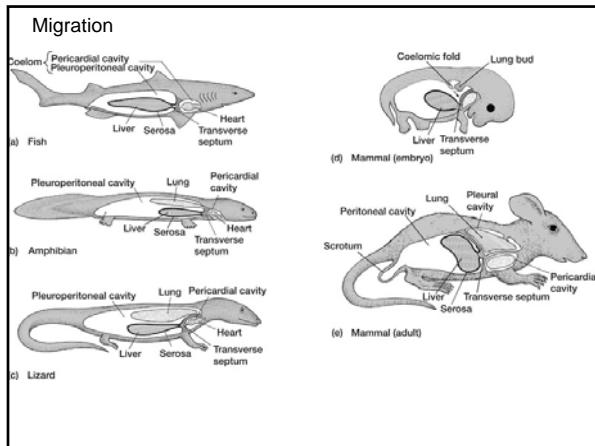
**Branchiomeric—jaw muscles**  
**somitomeres**  
**cranial nerves**

## Muscle Differentiation

- 1) Change in direction (external obliques, etc)

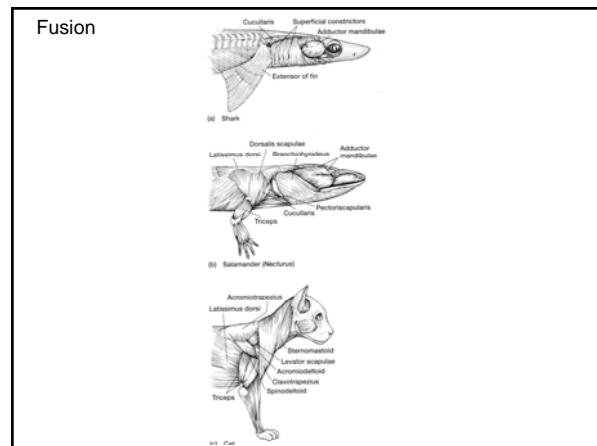
## Muscle Differentiation

- 1) Change in direction (external obliques, etc)
- 2) Migration of muscle primordia



## Muscle Differentiation

- 1) Change in direction
- 2) Migration of muscle primordia
- 3) Fusion



Fusion



## Muscle Differentiation

- 1) Change in direction
- 2) Migration of muscle primordia
- 3) Fusion
- 4) Splitting

